

## NON-PERISHABLE FOOD:

- Canned Meat
  - Tuna
  - Chicken
  - Stews
  - Chunky-style soup
  - Chili
  - Chicken & dumplings
- Peanut Butter
- Canned Fruit (no sugar preferred)
- Canned Vegetables (no salt preferred)
- Canned 100% Fruit Juice
- Dried Beans
- Rice
- Macaroni & Cheese



## FOOD & FUNDS DRIVE MOST NEEDED ITEMS

Non-perishable items are always accepted, but monetary donations make a bigger impact. For every \$10.00 donated, Mid-South Food Bank can provide 30 nutritious meals!

## NON-FOOD ITEMS:

- Paper towels, plates, napkins
- Toilet paper
- Personal hygiene products
  - toothpaste
  - shampoo
  - soap
  - deodorant
- Laundry & dish detergent
- Other cleaning supplies
- Diapers

Help Feed the Need  
by supporting our donation drive!

